

Keeping safe in and out of school



Your safety and happiness is important to us

Key adults in school

Who can you talk to?

If you are worried or upset about something, you can speak to ANY adult in school. It could be one of your teachers or one of the designated safeguarding leads:



Mrs Braithwaite



Mrs Gordon



Mrs Wookey



Miss Cowley



Miss Fitzpatrick



Don't forget you can tell your teachers too!

It is important to tell an adult straight away if anything worries, frightens or upsets you - on or offline

When to tell an adult straight away...

If someone is:

- Bullying you
- Hitting you or hurting you
- Frightening you or upsetting you in any way on or offline
- Touching you
- Saying or doing things that make you uncomfortable.
- Taking your things
- Sending you unkind or worrying messages online or on your phone
- If something goes wrong/happens online -something that worries you.
- If someone is asking you to send them pictures/photos or personal information online.
- If anything at all is bothering you - we can help.



Worry box



**Bedford Primary School**
Dream, Believe, Aspire

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Bedford Worry Box

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If you have a worry **big** or **small** you can send a message through the **Bedford Worry Box**. Your message will be sent to Mrs Wookey who are here to help you if something is worrying you. They look after the worry box and can help you by speaking quietly to you and your teachers to make sure you feel happy again.

Please drop your message into the **Worry Box** using the text box below, to help us - don't forget to write your name and class. You **won't** get a reply by email so please just enter worrybox@myprimary.com into the email text box below your name and class, this just helps the message reach the **Worry Box**! Please only use the Worry Box for worries, it's not a chatter box!

Remember that all children have worries at some point and some worry more than others. The Worry Box is here to help you as often or as little as you need!

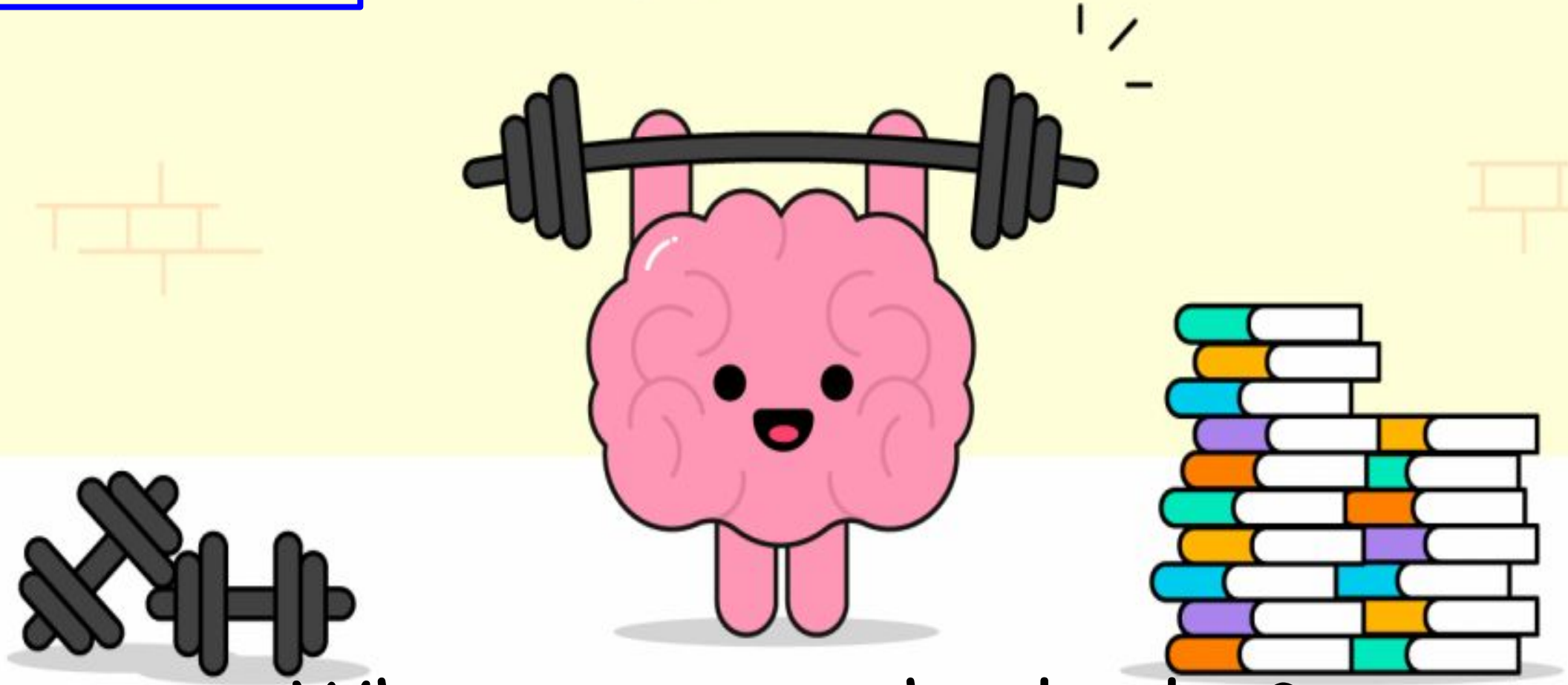
<https://www.bedfordprimary.co.uk/topic/children>

[Staying Safe](#)

Before finishing this assembly, please pay a visit to the 'Staying Safe' page on our school website. Click on the link.

FLASHBACK

Let's retrieve...



What are our school rules?
What are the 3 special letters?

R.
R.
S.

Ready	Respectful	Safe
We are in school every day and on time (Rise & Shine, Bedford starts at quarter to nine) We listen to the person who is talking We have all the equipment we need in school - our reading books, swimming kit, water bottles We wear the correct uniform for school We follow instructions the first time or ask for help if we are unsure We settle quickly to start our work We line up sensibly and quickly; ready to move from lesson to lesson and around school	We use our marvellous manners MR C (saying please, thank you, you are welcome and we hold doors open for each other) We are friendly, kind and caring (both online and offline) We listen to others We include everyone We look after our school building, our property and the environment We speak quietly and calmly We use our words and good listening to solve any problems we encounter We win and lose gracefully We give our best effort to our work	We walk calmly around school We regularly wash our hands We choose games that are fun but safe We use all equipment safely and sensibly We use technology responsibly and keep personal information and passwords safe. We let an adult know immediately if something that is worrying or upsetting happens online . We have kind hands and feet We walk to and from school safely We always talk to someone or use the Bedford worry box on our school website if we have any worries



You are in, you are here, you made it! It can be super tricky returning to school after the summer holidays. Feel proud of yourself for being in and being on time. Teachers, that includes you!



What does a good morning routine look like and why is it so important?

What things can you have ready or do the night before to help mornings to run smoothly?

If you can get it right now, high school will be a breeze and you will be so ready for the world of work/whatever job you choose in the future.



Your boss
will expect
you to be in
on time...

...each and every day!





Over a whole school year:

Danger zone: 19 days of school missed.

Amber zone: 12-18 days of school missed.

Yellow zone: 7-11 days of school missed.

Green zone: less than 7 days

Did you make 100%
of the first week
back?

If you miss 19 or more days of school your attendance % can never be higher than 90%. Below 90% is called persistent absence.

The more days you miss, the less chance you have of being the very best that you can possibly be.



Your teachers are all here to give you help, advice and support each day too. Let them know if you need help with anything at all, particularly coming into school each day. Your teachers will do whatever it takes to help you.

Wake up,
rise and
shine,
Bedford
starts at
quarter to
nine!



extra PE lesson?

silent disco?

movie afternoon?

extra playtime?



chip cones?

choc ices?





This week, the Royal Bank is open and we will be sending some Bedford attendance pennies and pounds your way...



Work as a class team - you have to be in to win!





Each week you will collect money and count your team total.



At the end of the half term, you can exchange those Bedford pounds for a class prize.



**Each class will get
their own money box
to record their total.**



You have to be in to win!



What will you choose?

Watch this
space for the
prizes price list.



Adults in school



Enhanced Disclosure disclosure
Page 1 of 2

Disclosure Number: 001287874440
Date of Issue: 15 JULY 2010

Applicant Personal Details

Surname: MEREDITH
Forename(s): MARTIN
Other Name(s): NONE DECLARED
Date of Birth: [REDACTED]
Place of Birth: BIRMINGHAM
Gender: MALE

Employment Details

Position applied for: DRIVING INSTRUCTOR
Name of Employer: DRIVING STANDARDS AGENCY

Countersignatory Details

Registered Person/Body: TMGCRB
Countersignatory: [REDACTED] HUBBARD

Police Records of Convictions, Cautions, Reprimands and Warnings

NONE RECORDED

Information from the list held under Section 142 of the Education Act 2002

NONE RECORDED

ISA Children's Barred List information

NONE RECORDED

ISA Vulnerable Adults' Barred List information

NOT REQUESTED

Other relevant information disclosed at the Chief Police Officer(s) discretion

NONE RECORDED



Blue - yes
Orange - yes
Red - no

Site safety



Fire &
Staysafe
drills



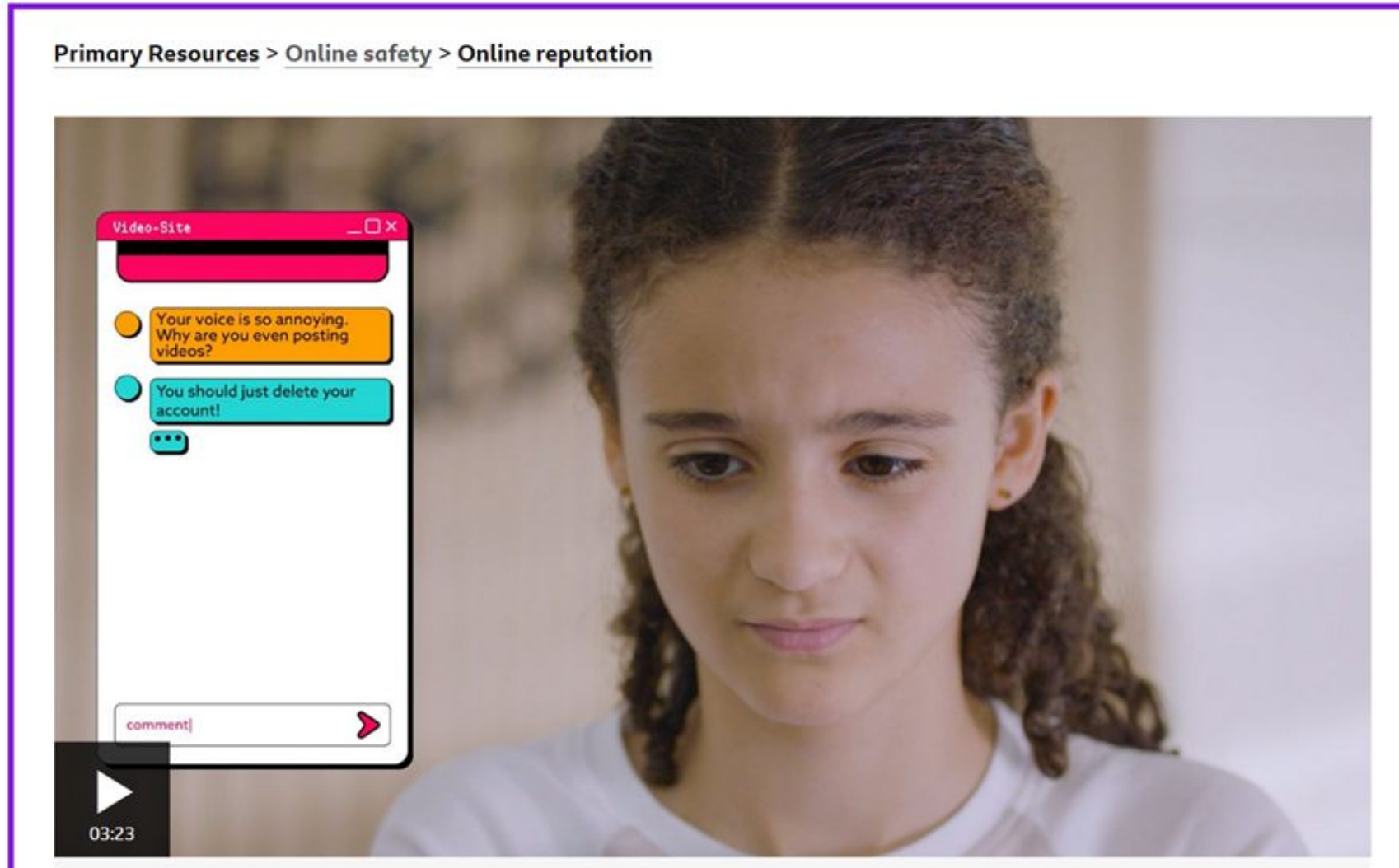


EYFS/KS1

Online reputation – an introduction and overview for KS2 (7-11) - BBC Teach

7 - 11 years

What is online reputation?



[Quiz: Is what you're posting online mean? - BBC Teach](#)

[Lots more great videos here](#)

I SAW IT ON THE INTERNET



SO, IT MUST BE TRUE!

makeameme.org

Top Internet Manners

internet
matters.org

As the online world becomes a bigger part of our daily lives, it's important to make sure we all, especially our children learn the difference between good and bad behaviour online.

To get started see our top internet manners to encourage us all to make the online world a kinder place to be.



1. Treat others as **you** would like to be treated



2. If you wouldn't say it to someone in person, **don't say it online**



3. People can't see your facial expressions or hear the tone of your voice online so **don't over-use icons and punctuation** to convey meaning

4. **Don't make a situation worse** by provoking people even more



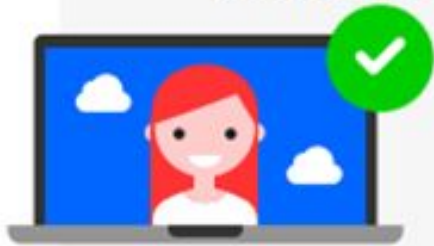
5. **Don't start rumours or spread gossip** about someone online



6. **Don't make fun** of someone in an online chat



7. Post things that will **inspire and motivate people** in a positive way



8. Make sure you **don't create a negative environment** in an online world or game through name calling



9. **Include people** in online games and social forums, and don't intentionally leave people out



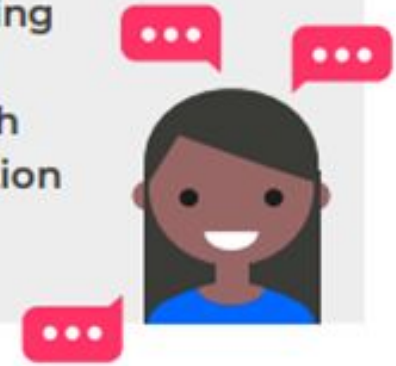
10. You can't retrieve material once it's sent or posted online so if it might embarrass you or someone, **don't put it online**



11. **Respect** other people's privacy



12. Respect other people's time and bandwidth by **avoiding posting too much information**



FLASHBACK

Let's retrieve...



What do each of the letters (PANTS)
stand for?

LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE

PRIVATES ARE PRIVATE

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.



ALWAYS REMEMBER YOUR BODY BELONGS TO YOU

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.



NO MEANS NO

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.



TALK ABOUT SECRETS THAT UPSET YOU

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away.



SPEAK UP, SOMEONE CAN HELP

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on 0800 1111 and someone will always be there to listen.



Remember all of these
rules and they'll help
you stay safe, just like
Pantosaurus



We will always listen...



Who can you talk to?

If you are worried or upset about something, you can speak to ANY adult in school. It could be one of your teachers or one of the designated safeguarding leads:



Mrs Braithwaite



Mrs Gordon



Mrs Wookey



Miss Cowley



Miss Fitzpatrick

**YOU
ARE
SAFE
HERE**

Always tell us if anyone (a friend, another child or an adult) is:

- Bullying you
- Hitting or hurting you
- Touching you
- Saying or doing things that make you feel uncomfortable
- Taking your things
- Sending unkind or worrying messages to you online or to your phone
- Frightening or upsetting you in any way.

Keeping you safe

At Bedford, all of the adults around you think that your health, safety and wellbeing are very important. In our school, everyone is respected and we do our very best to help you to:

- Learn and be the best you can be
- Stay READY, RESPECTFUL & SAFE!



How will we help?

We want to ensure that you are safe both at school and at home. We will ensure that school is a calm and safe place in which you can learn. If you need us, we will always listen and always help. You are important to us and we will support you.

You matter.
You are good enough.
You are loved.



... we will always help

Look out for the 'staying safe' posters around school.



S.T.A.N.D

- S** Stop and stand at the dog's side
- T** Talk and tell
- A** Ask to meet and pet the dog
- N** No fast moves and no hugs
- D** Don't reach toward the dog's head



Tam and
Jackson -
Our
Hope's
Therapy
Dogs
Team

STAND
video

Please
watch

Roads can be dangerous places so it is really important that you know how to stay safe around them.

Watch Pip and Declan learn about road safety.



<https://www.bbc.co.uk/bitesize/articles/z62nxyc>

Road safety video EYFS/KS1 -
click link

newsround



Road safety video KS2

We all have the right
to **Feel Safe**



**Who will you
tell if you
don't?**

Telling your teachers straight away and before home time is important - it helps us to sort things quickly and ensures that you go home feeling safe and happy.